



# 6th International Conference on Salutogenesis

JUNE 17-18, 2021  
GIRONA

## PROGRAMME | THURSDAY, JUNE 17

**08:00** Registration

**09:00** Welcome - Setting the stage: (Plenary) Georg Bauer, Lenneke Vaandrager

**09:25** Workshops:

- **Conceptualize health for salutogenesis**
- **Agency & the ease/dis-ease continuum**
- **Human agency and planetary health**
- **General & specific resistance resources**
- **Towards a theory of salutogenesis**
- **Mudita, allophilia, and xenophilia**

10:40 COFFEE BREAK (30')

**11:10** Plenary Dialogue – ways forward: **Advancing the salutogenic model of health**

**Moderator:** Georg Bauer

**Dialogue Partners:** Gwendolijn Boonekamp, Marguerite Daniel, Toni Faltermaier, Jürgen Pelikan

12:30 LUNCH

**13:30** **Poster Session & Market Place**

**14:00** Oral Presentations: (Plenary)

**Stories about the original author Aaron Antonovsky**

Presented by: Avishai Antonovsky, Shifra Shagy

**14:30** Parallel Sessions:

- **Process of SoC**
- **Measurement of SoC**
- **SoC as resource for health**
- **Sense of collective coherence**

Workshops:

- **Expanding salutogenesis with narratives**
- **Video material of Aaron Antonovsky's live presentations**

15:45 COFFEE BREAK (45')

**16:15** Plenary Dialogue – ways forward: **Advancing the concept of SoC**

**Moderator:** Maurice Mittelmark

**Dialogue Partners:** Sylvia Broetje, Claude-Helene Mayer, Shauna Ledean Mc Gee, Shifra Sagy, Michael Zirkler

**17:30** Discussion in groups and in plenary: **Key lessons from the day**

18:15 – 18:30 TRANSFER TO DINNER

**Conference Flying Dinner 18:30 – 21:30**



## PROGRAMME | FRIDAY, JUNE 18

**08:00** Entry

**09:00** Parallel Sessions:

- **Participatory approaches**
- **Empowerment approaches**
- **Healthcare setting**
- **Multilevel approaches**
- **Individual Crafting of life domains**
- **Salutogenesis in psychosomatics & medicine**

Workshops:

- **Sense for coherence of professionals**
- **Salutogenic intervention for healthy eating in adults with type 2 diabetes**

10:15 COFFEE BREAK (30')

**10:45** Plenary Dialogue - ways forward: **Salutogenic interventions & change**

Moderator: PhD Lenneke Vaandrager

**Dialogue Partners:** Rebecca Brauchli, Eva Langeland, Ruca Maass, Grace Spencer, Shefaly Shorey

12:00 LUNCH

**13:00** **Poster Session & Market Place**

**13:30** Parallel Sessions: **Salutogenesis &**

- **School Education**
- **University Education**
- **Organisations:** This session is dedicated to the 15th Anniversary of the Swiss School of Public Health SSPH+
- **Mental health**
- **Environment**

Workshops: **Salutogenesis &**

- **Extreme environments**
- **Migration**
- **Communication in different socio-cultural fields**
- **Peace education in context of intractable conflicts**

14:45 COFFEE BREAK (30')

**15:15** Plenary Dialogue – ways forward: **Salutogenesis beyond the health sector**

**Moderator:** Mathieu Roy

**Dialogue Partners:** Patrizia Garista, Gregor Jenny, Shifra Sagy

**16:30** Closing the stage: **Future research and collaborations (Plenary)**

Georg Bauer, Lenneke Vaandrager

17:00 END